



Piercing Aftercare

If you need any further information or advice, please contact us sales@urbanpiercingshop Telephone/WhatsApp 07447 302684 or drop by the studio, 8 Merchants Place, Reading, RG1 1DT We are always happy to offer our advice to get your piercing healed as quickly as possible.

Aftercare advice

- Clean 1-2 times minimum daily using PurSan or SteriPierce Saline spray (available instore)
- Keep piercing dry
- Do not sleep, rotate or touch your new piercing
- Do not leave wet hair on the piercing (dry with a hairdryer)
- Come back for a check-up or potential downsize as this could affect healing (see downsize time)
- Avoid clothes and accessories resting/pushing on the piercing
- Avoid cotton buds unless directed by your piercer

Cleaning External Piercings

Cleaning your piercing daily will prevent dead skin, hair and plasma from building up around the jewellery and causing irritation. Do this 1-2 times a day until fully healed. (No buildup, redness, soreness etc.)

Dermal's and surface need patting dry with a clean tissue.

Please refer to our Healing Times Sheet below for guidelines. If unsure, get in touch!

Oral piercing aftercare advice

- Avoid alcohol and smoking for at least 48 hours
- Buy a new toothbrush
- Rinse mouth with water after eating/drinking
- Use non-alcoholic mouthwash twice daily
- Use either PurSan or SteriPierce saline to clean the outside of the piercing (**Lip piercings only**)
- Be mindful of what you're eating; eat whatever feels comfortable.
- Avoid contact with other people's bodily fluids for 2 weeks minimum.
- Avoid playing with your jewellery to prevent tooth and gum damage, which can be costly and permanent

Touch & Sleep

Do not touch your piercing unless you're cleaning it; this will introduce bacteria into the area. This can irritate or cause infection if done repeatedly. This means no touching, twisting or moving the jewellery.

If slept on repeatedly, the angle of your piercing can change drastically, and we may advise removal. A piercing pillow could come in handy, as well as waiting until your piercings are fully healed before piercing the other ear.

Using PurSan Body Art Aftercare Cleanser

PurSan, revitalizes, refreshes and purifies skin piercings without drying it out. It is gentle yet effective, PurSan contains no parabens, fragrances, colorants or alcohol. It contains Chloroxylonol (PCMX), a proven antimicrobial ingredient shown to be effective against bacteria and viruses without burning or irritating the skin. PurSan is available from our shop. PurSan is not suitable for tongue piercings.

1. Wet the pierced area to be cleaned.
2. Apply a small amount of PurSan to freshly washed fingertips and gently clean around the piercing, including the exposed jewellery.
3. Do not rotate the jewellery.
4. Rinse fully under running water.
5. Gently pat dry with a clean towel/tissue or use a hairdryer on a cool setting.
6. Repeat according to your Piercer's instructions for Aftercare.

NOTE: Do not use PurSan inside the mouth, directly on the tongue, in the eyes, or around the eyelid & eyelash area. PurSan is safe to use on all other piercings. Do not mix or use PurSan with other products containing PCMX. Do not use PurSan if the presence of a disease or physical condition including, but not limited to, skin rash, infection or allergic reaction makes it impossible or undesirable to treat a particular client in the usual manner.

Using SteriPierce Saline Spray

SteriPierce can be used on new and unhealed piercings throughout the healing process. 0.9% sodium chloride Sterile Saline Solution with Fine Mist Spray SteriPierce saline spray cleans piercings and supports recovery. Contactless precision nozzle for total hygiene. SteriPierce is available in store. SteriPierce is not suitable for tongue piercings.

1. Use 2 – 3 times daily.
2. Spray into the air to test the stream.
3. Direct the precision nozzle towards the piercing at a distance of 5-10cm and dispense by squeezing downwards.
4. Gently pat dry with a clean tissue
5. Alternatively, you can rinse saline off in the shower and dry with a clean tissue or hair dryer on a cool setting
6. Cover the nozzle with lid after every use.

Jewellery downsize times

Lobes	6 weeks
Eyeblink/Bridge	6 – 8 weeks
Helix/Conch/Forward Helix/Flat/ Tragus/Nose/Belly/Nipple	8 weeks
Anti Tragus/Snug/Scaffold	Min 8 weeks (can vary from 8 weeks – 4 months)
Lip	4 weeks
Tongue	2 weeks
Cheek/Dahlia	1-2 weeks

Piercings that do not need downsizing - minimum times for safe change

Smiley & Septum	6 weeks
Daith & Rook	6 months (dependent as they can take up to 12 months to heal)

Disclaimer: Any piercing advice provided by our licensed piercers is for informational purposes only and should not be considered medical advice. Individual results may vary based on anatomy, health, and aftercare. We disclaim liability for complications arising from piercings performed outside our studio or from deviation from recommended aftercare. Always seek professional evaluation for concerns.